



## Injection technique and volume

ABDOMEN	
Volume	<ul style="list-style-type: none"> <li>1-2 vials Lanluma V standard diluted [15ml] per session if doing undermining. When not undermining, double dilute [30 ml] the product.</li> <li>Inject 5ml of Lanluma in an area of 10cm-by-10cm.</li> <li>If injecting periumbilical area use 2.5ml of Lanluma V.</li> </ul>
Technique	Fanning pattern. Subcutaneous level.
Device	Cannula: 21 - 23G, Ideal length: 50-70mm. Smaller lengths can be useful for fragmenting fibrotic areas.

**!** Careful examination is needed prior to treating patients to **EXCLUDE HERNIAS AND DIASTHESIS**, especially for patients who have had a caesarean section.  
**ULTRASOUND BEFORE TREATMENT IS RECOMMENDED.**

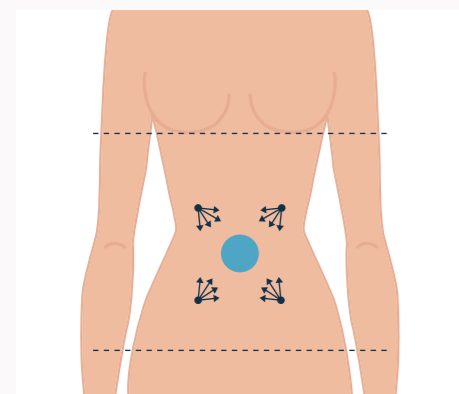
**i** Undermining is recommended prior to Lanluma V treatment with 4ml sterile water + 1ml of lidocaine in a 10cm-by-10cm area. It is recommended for physicians with less experience with Lanluma and for dissecting fibrosis before injecting the product.

## Scheduling sessions

Patients should receive 1-3 sessions of Lanluma V depending on their needs

- First session - 1 to 2 vials.
  - Second and third session spaced 2-3 months apart - 1 to 2 vials.
- The choice to use 2 vials of Lanluma V depends on the size of the area to be treated. Use 5ml in 10cm-by-10cm area.

## Entry points



- Inject with special caution approximately 2-3cm radius around the umbilicus due to risk of hernia.
  - Suggested entry points.
- Fanning technique advised.

## Reconstitution\*

- Add sterile water to the vial with dry powder. For Lanluma V: 15ml.
- Shake vial for 10 minutes.
- Let the vial stand for at least 1 hour to ensure complete hydration.
- Strongly agitate for 1 minute immediately prior to use until a uniform translucent suspension is obtained.

\*For full reconstitution guidance please refer to the IFU.

### Remember...

- The reconstituted product is usable within 72 hours of reconstitution. Discard any material remaining after use or after 72 hours following reconstitution.
- Do not store the reconstituted product in the syringe.
- Lanluma can be stored at room temperature or refrigerated between 2-8°C during and after reconstitution.

### Anaesthesia

- Recommended for the entry point.
- May be used in combination if required with Lanluma e.g. lidocaine or approved equivalent.
- Recommended volume: 2ml may be added during reconstitution.

## Optimisation of Lanluma injection

### Avoiding cannula obstruction

- Lanluma should be used at room temperature; if the vial has been in the fridge, you can warm the solution by rolling the vial in your hands for a few minutes.
- Rinse the cannula with sterile water or saline prior to injection and whenever you feel the flow of the product is slower.
- Do not prime the cannula with product prior to injection.

### What to do if the needle/cannula is blocked

- If clogging occurs, remove the needle/cannula, expel a small amount of product, attach a new sterile needle/cannula, then expel a few drops to eliminate the air and recheck for needle/cannula blockage.